

# North Suburban Conference Boys

Robbinsdale Cooper

May 18-20, 2010

## TEAM SCORES (10-8-6-5-4-3-2-1):

1	SpringLkPk/StAnthony	126.0	2	North Branch	109.0
3	St Louis Park	85.0	4	Irondale	72.0
5	Fridley	67.5	6	Robbinsdale Cooper	65.0
7	StFrancis	50.0	8	Benilde-St Margaret's	44.0
9	Chisago Lakes Area	43.5	10	Columbia Heights	23.0
11	Totino-Grace	17.0			

## 100 Meter Dash

1	Richard Wilhite, 12, Robbinsdale Cooper	11.32
2	Trevor Yedoni, 11, Benilde-St Margaret's	11.46
3	David Shadduck, 10, SpringLkPk/StAnthony	11.69
4	Greg Hynes, 12, St Louis Park	11.78
5	Cory Lushanko, 11, Chisago Lakes Area	11.79
6	Devon Fleck, 11, SpringLkPk/StAnthony	11.80
7	Marcus Edwards, 12, St Louis Park	11.92
8	Justin Little, 11, SpringLkPk/StAnthony	11.95

## 200 Meter Dash

1	Richard Wilhite, 12, Robbinsdale Cooper	22.84
2	David Shadduck, 10, SpringLkPk/StAnthony	22.99
3	Greg Hynes, 12, St Louis Park	23.19
4	Paye Tengben, 12, Fridley	23.46
5	Damon Luken, 11, StFrancis	23.54
6	Cory Lushanko, 11, Chisago Lakes Area	23.69
7	Marcus Edwards, 12, St Louis Park	23.71
8	Jimmy Rogers, 11, Robbinsdale Cooper	24.02

## 400 Meter Dash

1	Jimmy Mireri, 12, Fridley	50.22
2	Kenneth Broden, 12, North Branch	51.16
3	Elliot Olsen, 12, StFrancis	51.63
4	Chris Ambrozich, 10, SpringLkPk/StAnthony	52.41
5	Jj Bayer, 12, SpringLkPk/StAnthony	53.24
6	Shane Campbell, 12, Fridley	53.32
7	Fares Mustafa, 11, Irondale	53.37
8	Jordan Tradewell, 11, StFrancis	53.88

## 800 Meter Run

1	John Peterson, 11, Irondale	1:58.78
2	Nick Cockriel, 11, SpringLkPk/StAnthony	1:59.55
3	Abdulsalam Abda, 12, Fridley	2:02.34
4	Bradley Johnson, 12, Chisago Lakes Area	2:03.97
5	Jacob Sweeney, 12, St Louis Park	2:04.56
6	Matias Nagel, 12, Robbinsdale Cooper	2:05.46
7	Luke McKenzie, 10, Chisago Lakes Area	2:06.93
8	Dominic Reed, 10, St Louis Park	2:07.30

## 1600 Meter Run

1	Adam Zutz, 11, StFrancis	4:22.28
2	John Peterson, 11, Irondale	4:31.16
3	Qutbi Adam, 12, Columbia Heights	4:41.28
4	Tarek Abdelkhalig, 12, Irondale	4:42.29
5	Eyasu Woldeamanueal, 12, Columbia Heights	4:42.38
6	Kelson Mackenzie, 12, St Louis Park	4:47.17
7	Chris Lawson, 10, SpringLkPk/StAnthony	4:47.28
8	Michael Cork, 10, St Louis Park	4:49.47

## 3200 Meter Run

1	Adam Zutz, 11, StFrancis	9:25.72 **
2	Qutbi Adam, 12, Columbia Heights	10:08.03
3	Chris Lawson, 10, SpringLkPk/StAnthony	10:16.28
4	Surra Benti, 12, Irondale	10:17.64
5	Andrew Magnuson, 8, Chisago Lakes Area	10:18.95
6	Kelson Mackenzie, 12, St Louis Park	10:23.03
7	Colin Charpentier, 11, North Branch	10:26.95
8	Nolan Santosa, 11, St Louis Park	10:32.98

### 110 Meter Hurdles

1 Brian Grand, 12, North Branch	15.36
2 Larry Frazier, 12, Robbinsdale Cooper	15.73
3 Ben Ojika, 9, Irondale	15.81
4 Antonio Haynie, 11, SpringLkPk/StAnthony	15.93
5 Justin Murray, 12, North Branch	16.03
6 Lamont Diggs, 12, Fridley	16.44
7 Julian Greenup, 11, Fridley	16.77
8 Riley Myers, 12, Chisago Lakes Area	17.25

### 300 Meter Hurdles

1 Brian Grand, 12, North Branch	38.62	**
2 Larry Frazier, 12, Robbinsdale Cooper	39.37	
3 Antonio Haynie, 11, SpringLkPk/StAnthony	40.48	
4 Lamont Diggs, 12, Fridley	41.03	
5 Chris Parrill, 12, Irondale	41.05	
6 Justin Murray, 12, North Branch	41.13	
7 Ben Ojika, 9, Irondale	42.86	
8 Terrence Chastan-Davis, 12, St Louis Park	42.97	

### 4x100 Meter Relay

1 SpringLkPk/StAnthony	44.37	H1
2 Irondale	44.48	H1
3 St Louis Park	44.92	H1
4 Benilde-St Margaret's	45.41	H2
5 Totino-Grace	45.47	H2
6 Chisago Lakes Area	45.48	H1
7 StFrancis	45.76	H1
8 North Branch	45.82	H1

### 4x200 Meter Relay

1 North Branch (Tony Ceroll, Joseph Klun, Brian Grand, Kenneth Broden)	1:30.28	**	H1
2 Fridley	1:31.86	H1	
3 SpringLkPk/StAnthony	1:32.17	H1	
4 Robbinsdale Cooper	1:32.98	H1	
5 StFrancis	1:33.17	H1	
6 Irondale	1:34.23	H1	
7 Totino-Grace	1:35.42	H1	
8 Chisago Lakes Area	1:35.66	H2	

### 4x400 Meter Relay

1 Fridley	3:28.65	H2
2 North Branch	3:30.01	H2
3 SpringLkPk/StAnthony	3:31.00	H2
4 StFrancis	3:32.83	H2
5 St Louis Park	3:36.66	H2
6 Robbinsdale Cooper	3:39.27	H1
7 Totino-Grace	3:41.18	H1
8 Benilde-St Margaret's	3:42.10	H1

### 4x800 Meter Relay

1 St Louis Park (Jacob Sweeney, Dominic Reed, Dillon Davis, Michael Cork)	8:32.08
2 Irondale	8:35.00
3 Benilde-St Margaret's	8:38.87
4 SpringLkPk/StAnth	8:42.66
5 Chisago Lakes Area	8:42.98
6 StFrancis	8:48.39
7 Totino-Grace	8:56.88
8 North Branch	8:59.03

### Long Jump

1 Trevor Yedoni, 11, Benilde-St Margaret's	21-8 3/4
2 Zach Brown, 11, St Louis Park	20-6 3/4
3 Greg Hynes, 12, St Louis Park	20-5 1/4
4 David Shaddock, 10, SpringLkPk/StAnthony	20-4 1/4
5 Brian Grand, 12, North Branch	20-2 1/2
6 Trevor Thurnbeck, 10, Chisago Lakes Area	19-10 1/2
7 Mike Geer, 12, Benilde-St Margaret's	19-8 1/2

8 Jimmy Mireri, 12, Fridley 19-6 3/4

#### Triple Jump

1 Larry Frazier, 12, Robbinsdale Cooper	43-0
2 Chris Ambrozich, 10, SpringLkPk/StAnthony	43-0
3 Joseph Klun, 12, North Branch	41-8
4 Greg Hynes, 12, St Louis Park	41-2 3/4
5 Julian Greenup, 11, Fridley	40-5 3/4
6 Toni Olayiwola, 12, Columbia Heights	40-2
7 Ben Ojika, 9, Irondale	40-0 1/4
8 Nolan Ahlm, 9, Benilde-St Margaret's	40-0

#### Shot Put

1 Pat Tracy, 12, St Louis Park	50-9 1/4
2 Jesse Reemtsma, 11, SpringLkPk/StAnthony	47-9 3/4
3 John Morrison, 12, North Branch	47-0
4 Scott Benson, 12, SpringLkPk/StAnthony	45-9
5 Charles Fernow, 12, North Branch	45-6
6 Gabe Mezzenga, 12, Totino-Grace	45-1
7 David Lehman, 12, SpringLkPk/StAnthony	43-4
8 Jj Haffermann, 12, Benilde-St Margaret's	42-4 1/4

#### Discus Throw

1 John Morrison, 12, North Branch	145-7
2 David Lehman, 12, SpringLkPk/StAnthony	128-0
3 Jesse Reemtsma, 11, SpringLkPk/StAnthony	127-5
4 Max Simoneaux, 12, StFrancis	126-10
5 Anthony Tyler, 9, Robbinsdale Cooper	123-11
6 Scott Benson, 12, SpringLkPk/StAnthony	119-6
7 Toby Frisby, 12, Columbia Heights	119-3
8 Dylan Vosika, 11, St Louis Park	117-3

#### High Jump

1 Trevor Yedoni, 11, Benilde-St Margaret's	6-4
2 Riley Myers, 12, Chisago Lakes Area	6-0
3 Denzell Oats, 9, St Louis Park	6-0
4 Ben Ojika, 9, Irondale	6-0
5 Derek Sprang, 11, Irondale	5-10
6 Thomas Morawczynski, 12, Totino-Grace	5-10
7 Pilgrim Brooks, 9, Robbinsdale Cooper	5-10
8 Brandon Harrison, 12, Robbinsdale Cooper	5-8

#### Pole Vault

1 Benjamin Besch, 11, North Branch	13-0
2 Zackary Smith, 11, North Branch	13-0
3 Alex Vitalis, 11, Chisago Lakes Area	12-0
3 Joseph Ikier, 10, Fridley	12-0
5 Carl Neumann, 10, North Branch	12-0
6 Ryan Schroer, 12, Fridley	12-0
7 Shane Campbell, 12, Fridley	11-6
8 Mark Green Jr., 12, Totino-Grace	11-6

\*\* Meet record